



Aftercare Instructions for Density Procedures

- **Redness** – Scalp redness typically subsides within **24-48** hours.
- **Washing Hair & Scalp** – Do not wet the treated area for **3 days** post procedure. This gives the skin a chance to heal the pigment and ensure it doesn't get diluted. After the **3 days**, you may begin to gently wash with the baby shampoo provided, rinse with warm water, lightly pat dry and repeat daily. The rinsed water may appear tinted during your first wash. You may resume your regular shampooing routine after **5 days** of washing with the baby shampoo.
- **Sweating & Activities** – Avoid profuse sweating for **3 days**; swimming, steam rooms etc. for **7 days**.
- **Haircuts** – You may resume haircuts after **3 days**.
- **Moisturizing** – You may apply a thin layer of the provided moisturizer with tea tree oil, as needed **24 hours** after the procedure. Moisturizing your scalp helps reduce skin irritation, scabbing, and fading; the added tea tree oil in the moisturizer can greatly reduce itching.
- **Avoid chemicals** – Avoid products like hair-dye that could irritate the scalp for **7 days**. If you use Rogaine, discontinue using it for **21 days** post procedure and **7 days** prior to any touch-ups.
- **Touching & Scratching** – Always wash your hands before touching your scalp. Gently rub or pat any itchy areas versus scratching to minimize the risk of infection for **7 days**.
- **Scalp Shine** – Scalp shine is common and typically subsides within **7-14 days**. If you have issues with scalp shine, we recommend: **Follicle Scalp Anti-Shine, available through follicle.com**.
- **Scabbing** – Dark micro scabs may form within the first 10 days and fall off like dandruff, this is normal, do not pick at these scabs.
- **Sun Exposure & Sunscreen:**
 - ✓ Clean loose fitting hats can be worn immediately following the procedure.
 - ✓ Sun exposure exceeding 15 minutes must be avoided for **14 days** unless a hat is worn.
 - ✓ Spray sunscreens are the easiest to apply through hair and may be used **14 days** after the procedure.
 - ✓ In the long term, sunscreen or hats should be used during extended periods in the sun.
- **Consult a Physician at the First Sign of Infection** – Signs of infection: Unusual redness, inflammation, persistent swelling, prolonged or increasing pain or tenderness, feeling warmer to the touch than the surrounding skin, pus or discharge, excessive itching or burning, fever and delayed healing.