



## Aftercare Instructions for Buzz Cut Procedures

- **Redness** – Scalp redness typically subsides within **12-24 hours**.
- **Washing Hair & Scalp** – Do not wet the treated area for **3 days** post procedure. This gives the skin a chance to heal the pigment and ensure it doesn't get diluted. After **3 days**, you may begin to gently wash with the baby shampoo provided, rinse with warm water, lightly pat dry and repeat daily. The rinsed water may appear tinted during your first wash. You may resume your regular shampooing routine after **5 days** of washing with the baby shampoo.
- **Sweating & Activities** – Avoid profuse sweating for **3 days**; swimming, steam rooms etc. for **7 days**.
- **Haircuts** – You may resume haircuts after **3 days**. You'll need to cut your hair approximately every **4-5 days**, we recommend the: **Remington HC-4250 Shortcut Pro Clippers** (use with no guard). For a closer cut, any rotary shaver made for use on the scalp like the **Electrfire IPX6 Head Shaver**, both are available on Amazon.
- **Moisturizing** – You may apply a thin layer of the provided moisturizer with tea tree oil, as needed **24 hours** after the procedure. Moisturizing your scalp helps reduce skin irritation, scabbing, and fading; the added tea tree oil in the moisturizer can greatly reduce itching.
- **Avoid chemicals** – Avoid products that could irritate the scalp for **7 days**. If you use Rogaine, discontinue using it for **21 days** post procedure and **7 days** prior to any touch-ups.
- **Touching & Scratching** – Always wash your hands before touching your scalp. Gently rub or pat any itchy areas versus scratching to minimize the risk of infection for **7 days**.
- **Scalp Shine** – Scalp shine is common and typically subsides within **7-14 days**. If you have issues with scalp shine, we recommend: **Folicule Scalp Anti-Shine**, available through folicule.com.
- **Sun Exposure & Sunscreen:**
  - ✓ Clean loose fitting hats can be worn immediately following the procedure.
  - ✓ Sun exposure exceeding **15 minutes** must be avoided for **14 days** unless a hat is worn.
  - ✓ Sunscreen may be used **14 days** after the procedure. We recommend: **Neutrogena Ultra-Sheer, Dry-Touch SPF 70** available on amazon.com.
  - ✓ In the long term, sunscreen or hats should be used during extended periods in the sun.